



Response and Contingency Plan COVID-19

(Last update August 2022)

1 — Introduction

This plan will continue to be reviewed and updated by the COVID-19 Leadership Team as further recommendations and guidelines are issued by the Portuguese Health Authority.

2 — COVID-19 Leadership Team

The overall coordination of the contingency plan is led by the Head Teacher, Delilah Miguel and by the designated Focal Point (Miss McKie), who will be assisted by the Leadership Team made up of the following people:

Middle and Upper School Coordinator - Mrs Manuela Vieira;
Exams Officer – Mr. Ricardo Leite
Cleaning Supervisor – Mrs Guida Abreu

3 — Guidelines for the school community

Any member of the school community who has a temperature of 38°C or more should remain at home.

Any member of the school community who experiences any of the symptoms below should remain at home.

- a dry cough,
- difficulty breathing,
- a sore throat,
- a consistent headache,
- aching muscles,
- loss or alteration of their sense of taste or smell.

Should any student have a temperature of 38°C or more, or should they experience any of the above symptoms while at school their parents/guardians will be contacted to take them home.

4 - Recommended Preventative Measures to reduce transmission of Covid-19

- Frequent and correct hand washing using liquid soap and water, scrubbing the hands rigorously for at least 20 seconds.
- Reinforce hand washing before and after contact with food, after the use of toilets, and after contact with surfaces in public places (door handles, etc.);
- Cough or sneeze into a tissue (single-use) or into the sleeve, and not into hands;
- Place used tissues in a dustbin and wash your hands afterwards;
- Use an alcohol-based sanitizer when entering or leaving rooms;

5- Preventative Measures at CLIC

- All rooms, communal areas and toilet facilities will be cleaned and sanitized regularly;
- All rooms and communal areas will have hand sanitizer dispensers;
- All toilets will have soap dispensers and single-use hand towels;
- All rooms and communal areas will be kept well ventilated;

6- Containment Measures

All community members must remain aware of COVID-19 related symptoms and report any suspected/confirmed infections to the Leadership Team.

If a student has any COVID-19 related symptoms at school, this will be communicated to parents/guardians.

The Leadership Team should be informed if the case is confirmed as COVID-19.

7 — Emergency Contacts

SNS24: 808 24 24 24

Saúde Pública (Local health authority): 244 572 923

Emergency Services: 112

Miss Miguel: 919 656 169

Miss McKie: 965 854 892